#### **Patient Exam Preparation Instructions:**

# Cardiac CT for Calcium Scoring

UNIVERSITY C RADIOLOGY

- Arrive at least 15 minutes prior to your test.
- No coffee, tobacco, or chocolate 6 hours prior to your exam.
- No exercise 24 hours prior to your exam.
- Leave jewelry at home and wear comfortable clothing without metal, so you don't have to remove it for your exam.

### Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com** 

## Bring your prescription, insurance card, and photo ID

They are required for this procedure.

#### **Glucose Monitoring Devices**

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

#### **Payment**

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

#### **PreAuthorization**

This exam may require prior authorization from your insurance provider before we can perform the study. Speak with your referring physician's office and/or insurance company to understand your coverage and reduce possible delays.

#### **Questions?**

Call 800-758-5545